

Activity: Prayer Glove

Teaching Goal: Fun and simple prayers.

Scriptures: Psalm 68:35 You are awesome, O God. I John 1:9 If we confess our sins, he is faithful and just and will forgive us our sins. Psalm 69:30 I will praise God's name in song and glorify him with thanksgiving. Philippians 4:6 Present your requests to God.

Materials: One white glove for each person Permanent Marker

Lesson and discussion

Words written in **bold** are when the leader is speaking. Feel free to use your own words.

- A. **ACTIVITY:** Every member of the family is given a white glove. Put on the gloves and make a fist. Then open the thumb and each finger one at a time. In the area hidden by making a fist, write the following words (parents help younger children):
 - Thumb: Praise
 - First finger: Confess Sin
 - Second finger: Thanks
 - Third finger: Request
 - Pinky finger: Amen

Cont.....

Continued

- **This is our Prayer Glove! Start by making a fist. Everyone open your thumb and read what it says. “Praise.”** Invite a volunteer to read Psalm 68:35. **Let’s praise God in the same way we would praise our favorite sports team for scoring a goal or point.** Jump up and down and get excited about God. Finish by saying, **God we praise you!**
- **Now open the first finger and read what it says. “Confess Sin.” Sin is making bad choices instead of good choices. Sin is doing what we want to do instead of what God would have us do. Not obeying your parents, lying, taking things that aren’t yours, bad words, fighting, all these can be sins.** Invite a volunteer to read I John 1:9. Share an example of a sin in your life and confess it, then ask forgiveness. **Do you want to confess a sin and ask God to forgive you?** You can do this out loud or without words. Finish by saying, **God we confess our sins and ask forgiveness.**
- **Now open the second finger and read what it says. “Thanks.”** Invite a volunteer to read Psalm 69:30. **I want to thank God for forgiving our sins. Let’s each share something we are thankful for from the last couple of days.** Provision, food, health, etc. Finish by saying, **God we thank you.**
- **Now open the third finger and read what it says, “Request.”** Invite a volunteer to read Philippians 4:6 **God wants us to ask him for what we need. God isn’t a genie who grants wishes and gives us whatever we want. He provides our needs and tells us to pray and ask for our needs. Let’s each pray for something we need.** Be specific or general. Help with a test. Wisdom. Provision. Money to buy food this week. Finish by saying, **God hear our requests.**
- **Now open the pink finger and read what it says, “Amen.” Amen signals the end of our prayer. It means, “So be it.”**

II. Close in Prayer

III. Pass It On: Make an extra copy of this lesson and pass it on to another family