



FAMILY TIME
TRAINING

Activity: Strong Tower Tag

Teaching Goal: There is power in the name of Jesus.

Scripture: Proverbs 18:10 The name of the Lord is a strong tower; the righteous run to it and are safe.

Materials: No materials needed.

I. Lesson and Discussion

✓ Words written in **bold** are when the leader is speaking. Feel free to use your own words.

A. Invite a volunteer to read Proverbs 18:10 **How can a name keep you safe?** *Parents sign their names to take their kids out of school or Sunday school class. ID's are used to check names before getting on an airplane. We write our name on belongings to keep them from being lost. Did you ever think that the name "Jesus" has the power to keep you safe? When scared we can pray to Jesus for safety. The Bible teaches us that if we feel like something bad is happening we can call on the name of Jesus to protect us. It is important to remember that there is power in the name of Jesus.*

B. **ACTIVITY: We're going to play a special game of tag. This game will help us to remember that the name of Jesus has power to keep us safe. The verse we read says, "The name of the Lord is a strong tower." Let's pick something tall to be our tower and that will be "base." Pick a tree, part of a swing set, light pole, etc. to be base. If you are being chased, you can go to the tower which is base and yell "Jesus." By yelling "Jesus" and touching the pole the tagger cannot get you. If the tagger touches you when you're not touching the tower then you become the tagger. Play the game of tag.**

II. Close in Prayer

III. Pass It On: Make an extra copy of this lesson and *pass it on* to another family.

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