

# Activity: Firm in the Faith

By Karen Noal



Teaching Goal: Our surroundings can strengthen or weaken our faith.

**FAMILY TIME  
TRAINING**

Scripture: I Corinthians 15:33 Do not be misled: Bad company corrupts good character.

Romans 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

I Corinthians 15:58 Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.

Hebrews 10:24-25 And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

Materials: Paper and pen or pencil  
Bowl  
Water  
Cornstarch

## I. Lesson and discussion

✓ Words written in **bold** are when the leader is speaking. Feel free to use your own words.

A. Invite a volunteer to read I Corinthians 15:33. **Hanging around people who make good choices can influence us to make good choices. Hanging around people who make bad choices can influence us to make bad choices.** Invite a volunteer to read Hebrews 10:24-25. **We need to have close friends who love Jesus and will help us follow God.**

Invite a volunteer to read Romans 12:2. **It's not just people. Things we do and places we go can lead us to make good or bad choices. Another way to understand the verse, "do not be conformed to the pattern of this world" would be to say...just because everyone else does it doesn't mean it is good or right. Being like everyone else isn't the guideline for making decisions. Doing what God teaches is the guideline for making decisions.**

**Can you think of a time when someone influenced you to make a good choice and another time when someone influenced you to make a bad choice?** *Listen to answers.*

**What TV show or movie might friends watch that we aren't going to watch?** *Listen to answers.*

**What places might others go, where we wouldn't go?** *Listen to answers.*

FAMILY TIME TRAINING

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Talk about the differences between something being wrong and something being a preference. Wrong: Going with friends to steal candy from a store. Preference: One family at church may not watch a particular movie or read a certain book while another family will.

B. ACTIVITY: Invite a volunteer to read I Corinthians 15:58.

**Part 1:** On your paper, make a list of friends, activities and other things that can help us stand firm for Jesus. Make a second list of things that can make us weak spiritually and lead us away from living a Godly life. Example:

Stand Firm

Friend's name  
Going to church  
Praying  
Telling the truth-even when it's hard.

Weak

Classmate's name  
Skipping church to play video games  
Gossip  
Lying

**Part 2:** On the fingertips of one hand, write the initials of five family members or Christian friends who help you make good choices and follow God. On the fingertips of your other hand draw symbols of the faith like the Bible, dove representing the Holy Spirit, church and cross.

**Part 3:** Fill the bowl with approximately  $\frac{1}{4}$  cup of water and  $\frac{3}{4}$  cup of cornstarch (a 1:3 ratio). Mix. The mixture should be thick. (Brownie batter consistency.) Each person takes a turn grabbing a glob of the mixture and holding it over the bowl. Roll the glob around in your hand to make a ball. Point out how the glob holds the form of a ball as long as you move it around. Now stop rolling the glob and let it sit in the palm of your hand. It will flatten and drip through your fingers back into the bowl. **I Corinthians 15:58 encourages us to stand firm. The glob of cornstarch represents us. With the help of our friends, Jesus and the church represented by the initials and symbols on our finger tips, we can stand firm and make good choices. But without the help of our Christian friends, the Bible and the church...we can become soft and fall apart! Our friends and faith keep us standing firm.**

II. Close in Prayer

III. Pass it On: Make an extra copy of this lesson and *pass it on* to another family.